



Association for Small African Projects

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EmpowerHer Project Implementation Report



School children in Fina

Location: Burkina Faso — Villages of Fina, Néfrelaye, Sissa, Sokourani and Kouekouesso B

10/10/2025



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1. Project Objective

The EmpowerHer project aims to improve menstrual hygiene management and overall sanitation conditions in five rural primary schools located in the villages of Fina, Néfrélaye, Sissa, Sokourani, and Kouekouesso B.

Specific objectives include:

- Improving access to adequate sanitation facilities for girls.
- Raising awareness among students about hygiene and menstrual health.
- Promoting the use of sustainable menstrual products.

2. Planned Activities

- Construction of tiled latrines: 3 latrines for girls in each of the 5 schools.
- Hygiene awareness meetings: For all students in each school, followed by distribution of soap.
- Menstrual hygiene awareness sessions: For girls aged 10–16 (last 3 years of primary school), with distribution of washable menstrual kits.

3. Overview of Target Schools

Village	Total Students	Total Girls	Girls in Final 3 Years
Fina	227	123	58
Kouekouesso B	225	117	67
Néfrélaye	157	79	40
Sissa	201	78	35
Sokourani	197	106	56

Note: The academic year began on October 1st, 2025.

4. Implementation Progress

4.1 Construction of Latrines

Site visits were conducted by Maimouna (APPA Project Manager) together with a local contractor. Villagers are responsible for digging the pits, while the contractor will build the three tiled latrines at each school. Completion of construction is expected by end of November 2025.



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Implementation of the latrines in Nefrelaye



Digging the hole

4.2 Hygiene and Menstrual Health Awareness

Hygiene sessions are scheduled throughout November 2025, one per school. Each school will receive 288 bars of soap to support hygiene promotion.





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Menstrual health sessions will target girls in the last 3 years of primary school. Each school will receive 60 washable menstrual kits.



Menstruation kit includes:

- 2 shields
- 8 pads
- 2 slips
- 1 washing cloth
- 1 small soap
- 1 user guide / menstruation calendar
- 2 plastic bags
- 1 cotton bag

5. Project Funding

The total project cost is €35,101.

Donor	Contribution	Percentage
Rotary Club Utrecht International	€17,550.50	50%
Wilde Ganzen	€17,550.50	50%

This funding has made it possible to implement the construction of sanitation facilities, provide the awareness meetings and distribute soaps and menstrual kits in the five selected schools.

6. Follow-up and Future Activities

Rotary Club Utrecht International has raised an additional €7,000. A new project proposal has been submitted to Wilde Ganzen, which may contribute 30% of the additional funding if approved.

APPA currently supports 12 villages with 15 primary schools:

- 5 schools were covered by the first EmpowerHer project.
- 5 schools had already received tiled latrines in previous years.
- The remaining 5 schools have not expressed interest in latrines.
- Menstrual hygiene awareness has already been conducted in the other 10 schools.



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With the additional funds, APPA plans to distribute 650 washable menstrual kits in these 10 schools, ensuring that all girls in the target area have access to safe, reusable menstrual protection.



Girls with kits

7. Conclusion

The EmpowerHer project continues to address critical sanitation and menstrual hygiene needs in rural Burkina Faso. By improving infrastructure, raising awareness, and distributing reusable kits, the project empowers girls to stay in school with dignity and confidence.